



STATE OF IOWA

CHESTER J. CULVER
GOVERNOR
PATTY JUDGE
LT. GOVERNOR

IOWA BOARD OF MEDICINE
MARK BOWDEN
EXECUTIVE DIRECTOR

July 6, 2009

CERTIFIED MAIL

Erin Auer-Sears
Brookside Detox Spa
505 E. Washington Street
Iowa City, IA 52241

NOTICE TO CEASE AND DESIST

Dear Ms. Auer-Sears:

It has come to the attention of the Iowa Board of Medicine (Board) that you are practicing medicine without an Iowa medical license. In particular, the Board received information which indicates that you have performed colonics on patients in Iowa. This letter is to formally advise you that you must **CEASE AND DESIST** from engaging in the practice of medicine in Iowa, including, but not limited to, the performance of colonics.

Iowa Code Section 148.1 (2009) provides that the following persons are deemed to be engaged in the practice of medicine:

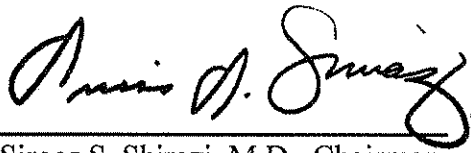
1. Persons who publicly profess to be physicians or surgeons or publicly profess to assume the duties incident to the practice of medicine or surgery.
2. Persons who prescribe, or prescribe and furnish medicine for human ailments or treat the same by surgery.
3. Persons who act as representatives of any person in doing any of the things mentioned in this section.

A person who is engaged in the practice of medicine is required to obtain a license for that purpose. See Iowa Code Section 147.2. In the event a person engages in the practice of medicine without a license issued by the Board, the office of the Iowa Attorney General is authorized to file a civil action against that person in a state district court to obtain a permanent injunction prohibiting that person from engaging in the unauthorized practice of medicine. See Iowa Code Sections 147.83 and 147.92. Furthermore, such unlicensed practice could subject you to criminal charges, as Iowa Code section 147.103A(1) provides that a violation of Section 147.2 is a Class "D" felony.

You are hereby warned that you must **CEASE AND DESIST** from practicing medicine in Iowa without a license. If the Board receives information that you have engaged in the unauthorized practice of medicine after the date you receive this letter, a civil injunction action may be filed against you by the office of the Iowa Attorney General, and/or the case may be referred to the county attorney for consideration of criminal prosecution.

I would strongly advise you to contact your attorney to seek advice regarding this matter.

Sincerely,

A handwritten signature in black ink, reading "Siroos S. Shirazi". The signature is fluid and cursive, with the first name "Siroos" and last name "Shirazi" clearly distinguishable.

Siroos S. Shirazi, M.D., Chairman
Iowa Board of Medicine
400 SW 8th Street, Suite C
Des Moines, Iowa 50309-4686